

Palliative Outreach Resource Team (PORT): Information and referral form for Health Care Providers

PORT provides support to patients nearing end of life who have complex needs due to mental health and/or substance use challenges, poverty, homelessness or other barriers to accessing palliative care services. PORT is a consulting and coordinating service consisting of a part-time physician and part-time nurse with expertise in providing palliative care to this population, and who are based out of the Cool Aid Community Health Centre.

Some important information about PORT:

- PORT is not a “take over” service. Patients remain with their primary care providers as their most responsible provider/physician (MRP). The PORT physician and nurse provide medical consultation to the patient and MRP, and help coordinate access to existing services such as Island Health’s Community Health Services (formerly Home and Community Care), Victoria Hospice Society, and the BC Cancer Agency.
- PORT provides consultation for symptom management using a harm reduction philosophy, including considerations for patients who may use illicit substances and/or have alcohol dependence. Patient safety is prioritized while recognizing the need to also provide pain and symptom management at end of life.
- PORT is not an emergency service. The physician and nurse are available during the week to provide consultation and care but not for emergency conditions. Patients should access the emergency room, 911 or other resources such as the Palliative Response Team for urgent needs as appropriate.
- The PORT providers make home visits, including to all types of housing or to patients who are homeless at their chosen location (eg. tent, car, shelter).

The PORT physician and nurse will work with you to ensure that palliative care is delivered in a collaborative fashion that builds on the existing relationships between existing and future care providers and the patient. The degree of involvement will be determined by the patient, other health care providers and the PORT team with the goal of supporting patient comfort and dignity at end of life.

like to make a referral please fill out the referral form that can be found on page 2.

If you would like to discuss a possible referral

to PORT please contact (250) 889-2857 or if you would



PORT is a partnership between Victoria Cool Aid Society & Island Health, supported by the UVic Equity in Palliative Approaches to Care (ePAC) collaborative. For more on PORT and related activities visit www.equityinpalliativecare.com/port

Palliative Outreach Resource Team (PORT)**Fax completed form to:** (250) 383-1327

For inquiries, call the (250) 889-2857 or e-mail
Katie Leahy, PORT RN Coordinator, at
k Leahy@coolaid.org

Please note: PORT is not an emergency service and we will aim to get in touch with you within a week's time. If you do not hear from us within a week, please call (250) 889-2857.

Patient Information	
Name (Last, First):	
PHN or MRN:	Birthdate (dd/mm/yy):
Address/Current location:	
City:	Postal Code:
Phone #:	Alternative phone #:
Patient email:	
Primary Care Provider (if known):	

Referral date:	
Person making referral	
Name:	
Role:	Organization:
Phone (or FAX):	Email (optional):
Is patient or family aware of referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
If no, please explain:	
Current MOST: Uncertain <input type="checkbox"/> M1 <input type="checkbox"/> M2 <input type="checkbox"/> M3 <input type="checkbox"/> C0 <input type="checkbox"/> C1 <input type="checkbox"/> C2 <input type="checkbox"/>	
Patient's stated goals of care (in known):	
Reason for referral:	
Any Additional Information (please attach any collateral information if not available on powerchart):	

For PORT administrative use only:

Date first contact _____

Consent REDCAP _____

Date first service _____

Advice only _____